

September 2025 – June 2026

CS06: WEDNESDAY MORNINGS (on-campus) 10.00am – 12.30pm.

Including full day SATURDAYS (on-campus) 10.00-12.30pm & 1.00-3.30pm

Tutor: Gillian Dinnie

Guest Speaker sessions: Mondays from 6.30-8.00pm online via Zoom

Induction Session: Tuesday 19th August from 4.00-5.00pm, online via Zoom

Module 1	Date		
Unit 1	3/9/25	Introductions, Expectations, Working agreement	
Unit 2	10/9/25	Defining a Counselling Approach	
Unit 3	SAT 13/9/25	Intro to Practice - Attending	10am-12.30pm
Unit 4	SAT 13/9/25	Intro to Practice - Responding	1pm-3.30pm
Unit 5	17/9/25	Self-awareness, Johari Window & Guided Fantasy	
Unit 6	24/09/25	Essential Qualities - Acceptance	
Unit 7	1/10/25	Essential Qualities – Genuineness& Empathy	
Unit 9	8/10/25	Intro to Ethics - Confidentiality	
Unit 8	15/10/25	Integrated Practice	
Unit 10	22/10/25	FILMING	Filming opportunity Written assignment due on 22/10/25 by 5pm (1000 words).
Unit 11	29/10/25	Student presentations	
Unit 12	5/11/25	Student presentations	
Module 2	Date		
Unit 1	12/11/25	Review of Mod 1. Working Agreement	
Unit 2	19/11/25	Intro to Structures: Boundaries & Beginnings	
Unit 4	SAT 22/11/25	Transitions. Attachment and Loss Structures: Middles & focusing	10am – 12.30pm
Unit 5	SAT 22/11/25	Structures: Middles. Change & Challenge	1pm-3.30pm
Unit 3	26/11/25	Transitions. Attachment and Loss	
Unit 6	3/12/25	Sexuality	
Unit 7	10/12/25	Self-awareness. Motives & Values	
Unit 8	17/12/25	Ethics: Working with Difference	Filming opportunity
Unit 9	7/01/26	Structures: Endings	Filming opportunity
Unit 10	14/1/26	Filming	Written assignment due on 14/01/26 by 5pm (1500 words).
Unit 11	SAT 17/1/26	Student presentations	10am – 12.30pm
Unit 12	SAT 17/1/26	Student presentations	1pm-3.30pm
Module 3	Date		
Unit 1	28/1/26	Overview & Working agreement	
Unit 2	4/2/26	Theories	
Unit 3	11/2/26	Humanism & PCT	Audio recording opportunity

Unit 4	18/2/26	Psychodynamic	Audio recording opportunity
Unit 5	SAT 21/2/26	Lifeline	10am – 12.30pm
Unit 6	SAT 21/2/26	Genograms	1pm-3.30pm
Unit 7	25/2/26	CBT	Audio recording opportunity
Unit 8	4/3/26	Ethics – Listener’s Responsibilities	
Unit 9	25/3/26	Spirituality	
Unit 10	1/4/26	Final audio recording if necessary *Next week off (8th April for transcribing)	Transcript & reflection assignment due on 8/04/26 by 5pm (1500 words).
Unit 11	15/4/26	Student Transcript & Presentations	Final part of assessment
Unit 12	22/4/26	Student Transcript & Presentations	Final part of assessment
Module 4	Date		
Unit 1	6/5/26	Overview/Working agreement	
Unit 2	13/5/26	Gestalt	
Unit 3	SAT 16/5/26	Ethics – Boundary issues	10am – 12.30pm
Unit 5	SAT 16/5/26	TA	1pm-3.30pm
Unit 4	20/5/26	Social inclusion	
Unit 6	27/5/26	Stress	
Unit 7	3/6/26	Ethics – listener responsibilities – supervision	
Unit 8	10/6/26	Assessment Pt1	Assessment Triad 1.
Unit 9	17/6/26	Assessment Pt 2	Assessment Triad 2. Written Assignment due on 17/6/26 by 5pm (2000 words).
Unit 10	24/6/26	Assessment Pt 3	Assessment Triad 3.
Unit 11	SAT 27/6/26	Student final Presentations	10am – 12.30pm Final part of assessment
Unit 12	SAT 27/6/26	Student final Presentations	1pm-3.30pm Final part of assessment

Guest Speaker Sessions - Monday evenings via Zoom, 6.30-8.00pm

Guest Speaker	Mod	Modality/Topic	Date
John McCormack	M1	Adverse Childhood Experiences (ACEs)	TBC
Fiona Cameron	M1	Attachment Theory	TBC
TBA	M2	Sexuality (Gender)	TBC
Ishtar Swaffield & Ross Cairns	M3	Person Centred Therapy (PCT)	TBC
Alison Hunter	M3	Psychodynamic	TBC
Brett Buchanan	M3	Cognitive Behavioural Therapy (CBT)	TBC
Fiona Firman	M4	Transactional Analysis (TA)	TBC