**Arabic 1A**

For this level, I recommend one of the following books:

* **AL-MANHAJ AL-ALAMI A0** (Pre-beginner)
* **AL-MANHAJ AL-ALAMI A1** (Beginner)

Both options are designed for adult learners and include audio resources for self-study. The choice between A0 and A1 would depend on the learners' familiarity with Arabic:

* If students have never encountered the Arabic alphabet or basic words, **A0 (Pre-beginner)** is more appropriate.
* If they already know a few basic words or phrases, **A1 (Beginner)** would be a better fit.